



MIDLANDS
**ULTRASOUND
& MEDICAL
SERVICES**

Aesthetic Procedures and Minor Dermatology Surgical Procedures

Trusted Excellence in
Private Healthcare



www.mums.me.uk



MIDLANDS
ULTRASOUND
& MEDICAL
SERVICES

Aesthetic Procedures and Minor Dermatology Surgical Procedures

MUMS clinicians – Private GPs & Nurses – have extended dermatology roles – enabling them to perform minor surgery for which they are very experienced and skilled.

Midlands Ultrasound and Medical Services (MUMS) offers rapid access to a wide range of private health care.

There are **no waiting times** for an assessment at MUMS. You do not need a referral from your NHS GP.

Our reputable clinic offers private health care for 6 days per week in our state-of-the-art facilities with the latest pioneering equipment.

- **No need for a referral from your NHS GP**
- **Rapid Access**
- **Unrushed appointments**
- **On-site diagnostics**
- **Comprehensive holistic consultations**



MUMS offers the following dermatology minor surgery services:

- **Anti-Wrinkle Treatments**
- **Dermal Filler Treatments**
- **Hyperhidrosis Treatment for Excessive Armpit Sweating**
- **Mole Assessment and Mole Removal**
- **Wart, Skin Tag, Verruca, Milia Removal by excision, cutting and shaving**
- **Cryotherapy for Removal of Warts, Skin Tags, Verruca and Milia**
- **Assessment and Cryotherapy Treatment for Genital and Anal Warts**
- **Ganglion Cyst Assessment and Aspiration**
- **Removal of Lumps, Bumps, Lipomas, Sebaceous Cysts - Excision and Cutting**
- **PRP scalp injections for Hair Balding and Thinning**

Anti-Wrinkle Treatments

MUMS GPs and Nurses offer aesthetic procedures. Expression lines such as wrinkles are one of the first signs of ageing and more commonly occur in sun exposed areas. On the face, wrinkles most commonly appear around the eyes (commonly called crow's feet), around the mouth (smoker's lines), the forehead and between the eyes (frown lines). Hyperactivity of the facial expression muscles, repeatedly creasing the skin and often cause deep frown lines, forehead, crow's feet, lines around the chin, nose, mouth, and muscle bands on the neck. Consultations are free.

Anti-wrinkle injections are commonly used in cosmetic dermatology. They work by reducing the appearance of lines and wrinkles by relaxing the muscles under the skin. They are considered safe and well-tolerated with a visible improvement of wrinkles. There is a preventative effect if maintained regularly.

The initial effects of treatment become visible within 72 hours, but the maximum effect is reached in about 1-2 weeks. The effect of treatment generally lasts for 3 to 6 months.

PRP can also be used as an anti-wrinkle treatment which is increasingly being used on the face and neck to minimise the appearance of facial lines and improve skin repair. PRP can be used alone or in conjunction with fillers and anti-wrinkle treatments such as Botox. It is natural and risk and recovery time is shorter.

Dermal Filler Treatments

MUMS GPs offer dermal fillers. Consultations are free.

Filler is injected into the skin to soften the appearance of wrinkles, lines, and scars or into the lip to give a natural volume replacement for a fuller appearance and slow down the signs of ageing.

The most common areas treated are the lower face (including lips, cheeks, nasolabial folds, marionette lines) and scars. The effect of treatment generally lasts between 12 and 15 months, but in the lips can be shorter around 6-9 months. The fillers we use are reversible.

Hyperhidrosis Treatment for Excessive Armpit Sweating

MUMS offer injections to prevent the sweat gland action under the arm.

Excessive sweating can be embarrassing, and patients choose to stop this with hyperhidrosis injections at MUMS. There are several reasons that cause excessive sweating such as thyroid problems and diabetes. The treatment lasts for 6 months and sometimes beyond.

Mole Assessment and Mole Removal

One Stop Shop - MUMS Private GPs have specialist extended roles in dermatology and minor surgery. The mole assessment and mole removal takes approximately 30-45 mins. Mole assessment and mole removal is common practice in private clinics as it is difficult to obtain this service in the NHS. MUMS one stop mole assessment and mole removal clinic is swift, affordable and our clinicians are highly experienced.

This service is available whether your request is for cosmetic reasons, or you are concerned about the characteristics of your mole/moles. We offer excision, shave and cutting.

On the skin, moles are small, coloured patches. Most people have them, and unless they alter in size, shape, or colour, they normally pose little threat:

- Most moles are not cancerous.
- Most benign moles have a smooth edge and a round or oval shape.
- Moles might feel rough or smooth, flat, or elevated.
- Typically, moles on brown and black skin are darker.

A mole that has changed colour or has more than two colours is suspicious of melanoma.

Characteristics of suspicious moles:

- An irregularly shaped mole
- A raised, itchy, bleeding, or crusting mole

Wart, Skin Tag, Verruca, Milia Removal by excision, cutting and shaving

MUMS Private GPs have specialist extended roles in dermatology and minor surgery and offer the following services 4 days per week:

Excision and shave removal of:

- Warts
- Skin Tags
- Verruca
- Milia

Although they will usually disappear over a period of months or years, some people simply want skin tags/warts etc removed because of their unsightly appearance. They are often small tags on the neck, around the armpits, near the groin and underneath the breast. They can bleed if caught on jewellery and/or clothing.

These warts/tags/verruca/milia do not cause harm, but some people find them embarrassing and verruca can be painful when standing or walking. If your over-the-counter attempts have failed or your tags/warts have returned, you may want a quick and permanent removal at MUMS. Warts and verruca are a form of virus and can spread and they can take months to appear.

You may wish to have your wart/tag/verruca/milia shaved off or excised as opposed to cryotherapy as cryotherapy can often mean repeated appointments.

Excision, cutting, and shaving removal is for people aged 16 and over. Our experts will assess the wart/tag/milia using a special dermatology scope and offer removal during the same appointment. The area will be numbed with local anaesthetic prior to the removal.

Cryotherapy for Removal of Warts, Skin tags, Verruca and Milia

MUMS provide Cryotherapy for:

- Warts
- Skin Tags
- Milia
- Verruca

Although they will usually disappear over a period of months or years, some people simply want skin tags/warts removed because of their unsightly appearance.

These warts/tags/verruca/lump/bump/cyst and milia do not cause harm but some people find them embarrassing and verruca can be painful when standing or walking. If your over-the-counter attempts have failed or your tags/warts have returned, you may want a quick and painless removal at MUMS. Warts and verrucae are a form of virus and can spread and they can take months to appear.

For larger lesions we may need to repeat the cryotherapy.



Assessment and Cryotherapy Treatment for Genital and Anal Warts

MUMS Sexual Health Consultant – sees and treats genital warts and anal warts with cryotherapy.

Genital and anal warts are harmless. They are not painful. However, they cause anxiety and stress, as they are unsightly. HPV (Human Papilloma Virus) causes genital and anal warts.

Genital and anal warts can multiply and spread and are passed through sexual activity, sex toy sharing and skin to skin contact. They are very contagious. Genital and anal warts can be removed privately using cryotherapy – around the penis and vagina.

Cryotherapy is a common and successful method of removing genital warts. The cryotherapy freezes the wart with liquid nitrogen which kills the blood supply so that the wart falls off. You may have tried over the counter products which have not worked because it is unable to reach a temperature as cold as the cryotherapy.

There are many dependent factors which affect the success rate of cryotherapy for genital and anal warts. For example, the number of genital warts present, the size of the warts, how long you have had them and any gaps in treatment.

MUMS cryotherapy has been tried and tested and many patients tend to have between 3-6 treatments.

Cryotherapy can cause soreness for a day.

The procedure itself can cause a stinging sensation – dependent upon the amount of cryotherapy applied.

We offer a numbing cream before the procedure.

Cryotherapy is safe for pregnant women.

Ganglion Cyst Assessment and Aspiration

MUMS Private GPs have a special interest and skill in dermatology and minor surgery and are qualified to deal with the aspiration of ganglion cysts.

Ganglion cysts are small fluid filled swellings that usually develop over a joint or tendon. The cyst can range from the size of a pea to that of a golf ball. These cysts are benign and not dangerous. They appear and disappear on their own and can cause discomfort, decrease in range of movement of the joint and stiffness. They can be caused by trauma (injury), arthritis or repetitive strain injury.

Treatment is usually only recommended if the cyst causes pain or affects the range of movement of the joint.

Aspiration is often the first treatment option offered for ganglion cysts as it is less invasive than surgery.

Aspiration is draining fluid out of the cyst with a needle and syringe. The cyst is made numb with a local anaesthetic injection. A small needle is used to aspirate the fluid out of the cyst.



Removal of Lumps, Bumps, Lipomas, Sebaceous Cysts - Excision and Cutting

Excision, cutting, and shaving removal is for people aged 16 and over. Our experts will assess the lump, bump, cyst or /and lipomas using a special dermatology scope, the naked eye and examination / palpation - and offer removal during the same appointment. The area will be numbed with local anaesthetic, and we will obtain your consent prior to the removal.

Our GPs will explain to you his/her findings upon assessment and whether they feel the lump/bump/lipoma/cyst appears suspicious and requires laboratory pathology analysis to rule out anything sinister.

You may wish to have this procedure because of the unsightly appearance or because this is causing problems for you.



PRP scalp injections for Hair Balding and Thinning

MUMS offers PRP treatment for hair loss to promote and maintain hair growth.

PRP (platelet-rich plasma) therapy for hair loss is a three-step medical treatment in which a person's blood is drawn, processed, and then injected into the scalp. PRP injections trigger natural hair growth and maintain it by increasing blood supply to the hair follicle and increasing the thickness of the hair shaft.

MUMS offers this treatment. Usually three treatments are sufficient.



Book an appointment with a member of our dedicated team

Call: 0121 704 2669

Email: administrator@mums.me.uk

www.mums.me.uk

Clinic Address

Midlands Ultrasound & Medical Services

1 Park Avenue, Solihull,
West Midlands B91 3EJ

Opening Hours

Mondays 8.00am - 7.00pm

Tuesday to Friday 8.00am - 6.00pm

Saturday 8.00am - 4.00pm



Follow us on Social Media

Facebook Midlands Ultrasound & Medical Services

Instagram [mums_solihull](#)

Twitter [mums_care](#)

Linked in Midlands Ultrasound & Medical Services



MIDLANDS
ULTRASOUND
& MEDICAL
SERVICES