



## Simple contraceptive procedure

A vasectomy, or male sterilisation, is a permanent form of contraception for men. The method is a simple and straightforward operation.

Prior to your treatment, we will arrange for a face to face or telephone consultation with Dr Sriram so that you can discuss the procedure with him and have any questions answered. Your partner may be present during this appointment if you wish.

You also have access to counselling to further discuss your options or decision. We will also advise you on the aftercare and assist with your recovery.

Call our team for more information.

### Book an appointment with a member of our dedicated team

Call: 0121 704 2669  
Email: administrator@mums.me.uk  
[www.mums.me.uk](http://www.mums.me.uk)

**Clinic Address**  
Midlands Ultrasound & Medical Services  
1 Park Avenue, Solihull,  
West Midlands B91 3EJ

**Opening Hours**  
Monday 8.00am - 7.00pm  
Tuesday to Friday 8.00am - 6.00pm  
Saturday 8.00am - 4.00pm



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## Vasectomy Service

### A Patient's Guide to Vasectomy



[www.mums.me.uk](http://www.mums.me.uk)

## No-Scalpel Vasectomy



**Vasectomy Surgeon**  
**Dr Balanchandran Sriram**

Vasectomy is a quick, safe, simple and effective operation to render a man sterile.

The no-scalpel vasectomy is an advanced surgical procedure, by which through a tiny keyhole made in the skin of the scrotum, the tubes which transport the sperm (vasa deferentia) are blocked and divided using cautery.

The operation is performed under a local anaesthetic. No stitches are needed to close the tiny opening and the wound heals quickly.

Dr Sriram is a General Practitioner and Primary Care Surgeon based at Midlands Ultrasound and Medical Services (MUMS). He specialises in vasectomies, specifically the no-scalpel, minimally invasive vasectomy (male sterilisation).

Dr Sriram has performed and undertaken several thousand vasectomies over many years and this procedure is available Tuesdays and Fridays at MUMS.

He holds both the FRCS (Eng) and the MCGP (UK) degrees. He is also a member of the Association of Surgeons in Primary Care. Dr Sriram is highly experienced and has a calm approach to care, which puts his patients at ease. In addition to his work at MUMS, he is also a dermatology surgeon in the NHS.

### Before the operation

Please shower and shave the scrotal area on the day of the procedure.

### After the operation

In the first few days after the operation you will continue to feel some discomfort and sometimes a slight swelling will develop. This is perfectly normal and there is nothing to worry about.

1. Please arrange to be picked up and taken home after the surgery/procedure.
2. **Pain relief**  
Once the anaesthetic wears off, household painkillers such as Paracetamol or Ibuprofen should alleviate any pain or discomfort you may be suffering. It is advisable not to take Aspirin based painkillers as this may increase the risk of bruising.
3. **Your wound**  
Some swelling and bruising of the scrotum is normal, if severe during the first few hours after the operation contact Midlands Ultrasound Medical Services on the telephone number provided or contact your own GP.
4. **Underwear**  
Please wear a snug pair of Y Fronts/boxer shorts for a week following the procedure.
5. **Bathing**  
Showering is acceptable after 48 hours. Please ensure that following the shower you dry the wound gently and thoroughly. **Do not** use talcum powder on your wound.
6. **Intercourse**  
Normal sexual activity may be resumed as soon as it is comfortable. You are unlikely to notice any difference in the fluid or semen when you ejaculate.

### Semen Tests

You are required to give one specimen 4 months after the procedure. Rarely is a second specimen required at 7 months post procedure.

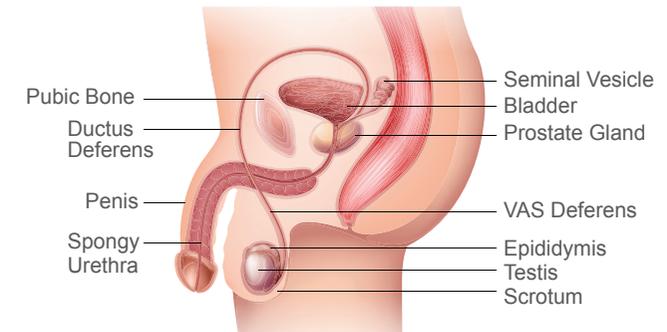
The testing kit will arrive at your address by post. It is recommended that you have intercourse or ejaculate on average 3 times per week.

You should not worry if you are asked for one or two further specimens.

It is necessary for you to have one negative sperm test (azoospermia) at 4 months after the operation to consider yourself sterile.

**You must continue to take contraceptive precautions until you receive written confirmation from the surgeon or your GP.**

### Male Reproductive System



Tubes are blocked, divided, and separated using cautery.

